ALPHA VITA

PERSONALISED HEALTH | LIFE ELEVATED

ADVANCED HEALTH CHECKS

Compare our health check packages

Each package includes everything in the level before it. Ticks show the checks and support included at each level.

HEALTH CHECK	CORE £295	BALANCE £450	OPTIMA £929	ELITE £1,199	SIGNATURE £5,499
Health professional consultation	✓	✓	✓	✓	✓
Height, weight and waist	✓	✓	✓	✓	✓
Basal metabolic rate and BMI	✓	✓	✓	✓	✓
Body fat percentage	✓	✓	✓	✓	✓
Blood pressure and resting heart rate	✓	✓	✓	✓	✓
Lifestyle questionnaire	✓	✓	✓	✓	✓
Full blood count	✓	✓	✓	✓	✓
Kidney and liver function	✓	✓	✓	✓	✓
Fasting glucose and HbA1c	✓	✓	✓	✓	✓
Cholesterol profile	✓	✓	✓	✓	✓
Urinalysis	✓	✓	✓	✓	✓
Clinical follow-up	✓	✓	✓	✓	✓
Calcium		✓	✓	✓	✓
Inflammatory markers - ESR and CRP		✓	✓	✓	✓
Resting ECG		✓	✓	✓	✓
QDiabetes risk score		✓	✓	✓	✓
QRISK3 cardiovascular assessment		✓	✓	✓	✓
PSA for men or CA125 for women			✓	✓	✓
Bowel cancer screening - FIT test			✓	✓	✓
Lung function testing			✓	✓	✓
Doctor consultation up to 60 minutes			✓	✓	✓
Physical examination			✓	✓	✓
Detailed personalised report			✓	✓	✓
Full tumour marker panel				✓	✓
Comprehensive vitamin and mineral panel				✓	✓
Advanced cardiac profile				✓	✓
Full bone profile				✓	✓
Extended thyroid panel				✓	✓
Full body examination by a doctor				✓	✓
Medical concierge coordination					✓
Testing arranged at a location of your choice					✓
Age- and gender-appropriate wellness array					✓
Male or female hormone testing					✓
Full body general MRI					✓
Consultant Physician consultation					✓
Flexible Consultant Physician follow-up					✓
Specialist referral for identified concerns					✓

Package suitability depends on your health history, concerns and goals. A clinician can help you choose the most appropriate level of screening.